

PUBH 271
Public Health Internship
1 Credit

Community College of Baltimore County
Common Course Outline

Description

PUBH 271– Public Health Internship: provides students with a supervised field-based experience in an approved public health or community health setting where students spend 40 hours during the semester. Students produce and present a professional portfolio, professional cover letter, and updated resume.

Pre-requisites: permission of the program coordinator

Overall Course Objectives

Upon completion of this course, students will be able to:

1. describe basic principles of public health and community health topics including fitness, nutrition, stress management, psychological wellness, disease, cancer, sexuality, aging, and environmental wellness;
2. demonstrate a high quality of personal and public communication skills in oral and written form;
3. apply knowledge of human physiology;
4. discuss cultural differences related to health issues;
5. apply health behavior change theories;
6. utilize mathematics to examine public health phenomena;
7. analyze ethical considerations in public health;
8. demonstrate knowledge of human behavior and behavior change;
9. exhibit appropriate workplace behaviors; and
10. analyze the contribution of both controllable and uncontrollable risk factors to the health status of individuals and populations.

Major Topics

- I. Basic principles of public health and community health
- II. Cultural differences to health
- III. Ethical considerations
- IV. Controllable versus uncontrollable risk factors
- V. Mathematics in public health and community health
 - a. Infectious disease models
 - b. Mathematical tools to better understand disease dynamics
 - c. Statistical graphs
- VI. Communication skills
 - a. oral

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

- b. written
- VII. Workplace behaviors
 - a. professionalism
 - b. demonstration of appropriate skill set
- VIII. Health behavior change theories
 - a. The Health Belief Model (HBM)
 - b. The Transtheoretical Model/Stages of Change (TTM)
 - c. Social Cognitive Theory (SCT)
 - d. The Social Ecological Model

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Completion of a minimum of 40 hours of documented field-base experience
- Two field experience summaries
- Two written assignments
- One portfolio

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Other Course Information

This is the required capstone course in the Public Health program.

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