

SPMT 201
Sociology of Sport and Exercise
3 Credits

Community College of Baltimore County
Common Course Outline

Description

SPMT 201 – Sociology of Sport and Exercise: presents a comprehensive analysis of sport structures with a close view of competitors and the consequences of such competition. Emphasis is placed on the sociological phenomena that contribute to sport in the United States, as well as the impact of social issues on participation in sport. A global perspective is also explored, using the Olympic movement and international competition as a frame of reference.

Pre-requisites: SPMT 120 or KNLS 120

Overall Course Objectives

Upon completion of this course, students will be able to:

1. identify research methods in sport sociology;
2. explain the impact of watching or participating in sport;
3. analyze the impact of youth sports on the youth of America;
4. identify the impact of coaching and leadership on the sporting experience;
5. examine the relationship between sport and related institutions (e.g., economy, science, etc.);
6. recognize the social impact of gender, race, religion, politics, ethnicity, drugs, and violence in sport;
7. explore the economics of sport as it relates to society;
8. interpret the effect of Title IX on women's sports;
9. analyze the effect of the Olympic movement on international competition and sport; and
10. explore future trends in sport sociology.

Major Topics

- I. Studying sports in society
 - a. Research methods
 - b. Social theories
- II. Sports as an institution
 - a. Youth sport
 - b. Coaching and leadership
 - c. Interscholastic and intercollegiate sport
 - d. International sport
- III. Sport, society, and culture
 - a. Sporting behavior

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

- b. Race and ethnicity in sport
- c. Gender and sport
- d. Social class and special populations in sport
- e. Religion and sport
- f. Politics and sport
- g. Deviance, doping, and violence in sport

IV. Future trends in sport sociology

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- two quizzes
- two research papers
- one oral presentation
- one mid-term exam
- one final exam

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Other Course Information

This course is an elective in the Sports Management Area of Concentration.

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