

## **OCTA 236**

### **Clinical Techniques II**

3 Credits: 2 hours lecture, 2 hours lab

Community College of Baltimore County

Common Course Outline

#### **Description**

**OCTA 236 – Clinical Techniques II:** introduces students to a developmental view of the aging process and the physical, psychosocial, socio-economic, and cultural issues of aging. Students identify issues and concerns of typical aging, pathology and the environmental factors that limit function and independence in order to develop intervention strategies for safe mobility and fall prevention for the elderly. Additionally, students come to understand the importance of advocating for the aging population.

**Pre-requisites:** OCTA 201 and OCTA 220

#### **Overall Course Objectives**

Upon completion of this course, students will be able to:

1. describe the need for balance among the performance areas in the promotion of healthy aging;
2. explain to the patient/client and others the importance of participation in occupations;
3. differentiate occupational therapy's role in the medical model, non-traditional/community-based model, case management, and emerging practice areas;
4. identify trends in public policy and coverage for care as it relates to the aging population;
5. describe the historical events and sociopolitical climate that impact occupational therapy services for the elderly;
6. explain the legislative process and its importance to the profession;
7. explain the role of the occupational therapy assistant in the screening, evaluation, and treatment process including the documentation required for justification of services and reimbursement;
8. compare various standardized and non-standardized screening and assessment tools;
9. differentiate inter-professional and collaborative skills from intra-professional skills;
10. identify strategies used to manage disruptive behaviors or substance seeking behaviors in patients/clients;
11. discuss when to refer to specialists and/or begin the discharge process;
12. identify community mobility options for the elderly;
13. demonstrate teaching strategies to educate/train the patient/client and others to facilitate skills in areas of occupation, injury prevention, health maintenance, health promotion, and safety;
14. identify technologies available to the elderly that will increase their independence in occupations;
15. discuss the laws and ethical issues that impact the aging population; and
16. describe the influence of culture on end of life decisions for the elderly and their

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For more information, see your professor's syllabus.

families.

## **Major Topics**

- I. Aging
  - a. Aging population and demographics
  - b. Medical based practice services
  - c. Community-based practice services
  - d. Culturally diverse population
  - e. Community mobility
  - f. Positioning
  - g. Substance abuse
- II. Aging theories and process
  - a. Biological
  - b. Psychosocial
  - c. Typical changes and functional impacts
  - d. Low vision and hearing deficits
  - e. Alzheimer's disease
- III. Assessments for the elderly
  - a. Structured interview/occupational profile
  - b. Mobility
  - c. Fall prevention
  - d. Home environment
  - e. Cognitive
- IV. Health care policies
  - a. Medicare/Medicaid
  - b. Restraint reduction
  - c. Telehealth
  - d. Third party reimbursement
  - e. Home care
- V. Death and dying
  - a. Dying as a part of the life cycle
  - b. Dying with dignity
  - c. Role of the certified occupational therapy assistant in hospice

## **Course Requirements**

Grading will be determined by the individual faculty member, but shall include the following at minimum:

- one structured interview
- one advocacy presentation
- 24 hours of Level I fieldwork
- one quiz
- midterm exam
- final exam

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Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Date revised 02/21/2023

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