

HUSC/SOCL 122

Aging in a Global Society

3 Credits

Community College of Baltimore County
Common Course Outline

Description

HUSC 122 – Aging in a Global Society: Focuses on social gerontology that addresses theories of "normal" aging, and the many challenges and opportunities faced when aging in a post-modern, and aging global society. This course emphasizes six themes: psychosocial stages of development through the lifespan, person/environment interaction, optimal quality of life, cross-cultural factors, how aging is studied, and growing older in a new age of urbanization and technology. NOTE: HUSC 122 is the same as SOCL 122. Earn credit for one only.

Co-requisites: ACLT 053 or (ESOL 052 and ESOL 100)

Overall Course Objectives

Upon completion of this course, students will be able to:

1. define social gerontology;
2. discuss origins of social gerontology and related areas;
3. evaluate the impact of access to, and successful use of, modern technology on the relationship between older persons and the larger society;
4. distinguish between facts and myths of aging;
5. summarize the biological and physiological changes related to aging, especially chronic illness among the old-old;
6. integrate the theoretical perspectives on aging with the realities of the aging process;
7. analyze diverse populations through population pyramids, and other appropriate data tables, in terms life expectancy, life span, healthspan, and longevity as they relate to health and disease within advanced technological public health care systems;
8. evaluate the cognitive changes that are linked with aging;
9. compare and contrast the theories on aging that explain cognitive changes and adaptations in the modern technological age;
10. identify strategies to resolve social inequality that older adults experience in the modern age, in areas such as access to technology, living arrangements, employment, family/social supports, and institutional discrimination;
11. use technology to analyze the impacts of and present information about aging in a global context;
12. analyze the predictors and critiques of successful aging and active aging/resilience;
13. describe the current patterns of polypharmacy among the older population, while examining coordinated efforts to support healthy use of prescription and over the counter medications/drugs;
14. dissect retirement as a status and a social process that affects economic well-being, roles, and activities in old age;

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For more information, see your professor's syllabus.

15. evaluate diverging, global attitudes toward death and end of life ethics in our diverse culture, as well as explore bereavement, grief, and mourning;
16. examine social policies and social problems affecting older adults in the U.S. among diverse populations, including increasing immigrant populations; and
17. find, evaluate, use and cite appropriate academic resources to research aging populations using appropriate technology.

Major Topics

- I. Historical issues in aging
- II. Sociological theories of aging
- III. Physical and social changes with aging
- IV. Healthspan and Lifespan
- V. Personality and mental health among varied populations
- VI. Diverse living environments
- VII. Love and sexuality in aging
- VIII. Medications and substance use
- IX. Death and dying within cultural and ethical contexts
- X. Race/ethnicity and aging
- XI. Productive aging
- XII. Access to and use of new technologies for aging well
- XIII. Gender and aging
- XIV. Public policies and the aged
- XV. Careers and aging populations

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Five quizzes based on course content
- Five discussions (in-class or online)
- A living history interview assignment worth 10% of the overall course grade which will assess General Education Program Outcomes
- A presentation of at least 5 minutes (in class or submitted by video online)
- Cumulative Final Exam

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Other Course Information

This course is an approved 3–credit General Education course in the Social and Behavioral Sciences.

This course is approved for General Education Diversity and Global Education programs. This course is a program elective in the Human Services Counseling degree program and may also be taken by students in other programs or majors.

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