

## **PSYC 103**

### **Principles of Human Growth and Development**

3 Credits

Community College of Baltimore County

Common Course Outline

#### **Description**

**PSYC 103 – Principles of Human Growth and Development:** Human Growth and Development focuses on the scientific study of physical, socioemotional, cognitive, and personality development across the human lifespan, from conception to death. This course examines the influence of heredity, environment, and culture on human behavior and mental processes during key stages of life, including prenatal development, infancy, childhood, adolescence, adulthood, aging, and the end of life.

**Pre-requisites:** PSYC 101

#### **Overall Course Objectives**

Upon completion of this course, students will be able to:

1. Explain the key concepts and principles of human growth and development in written assignments, discussions, or oral presentations.
2. Apply major theoretical perspectives in human development to interpret data and address developmental challenges across life stages.
3. Evaluate ethical considerations in research and practice related to human development.
4. Evaluate the advantages and limitations of various research methods used in human development.
5. Find, evaluate, use, and cite academic resources pertaining to human development topics.
6. Describe, in writing or orally, the physical, socio-emotional, cognitive, and personality changes associated with each phase of life.
7. Compare and contrast multicultural and global perspectives on various human development topics, including parenting, gender roles, and bereavement.
8. Analyze the impact of diverse cultural and societal factors on human development at local and global levels.
9. Use technology to retrieve, review, discuss, and present online resources and information related to psychology.
10. Integrate human development theories and data into personal, social, and professional contexts to enhance decision-making and problem-solving.
11. Design developmentally appropriate strategies for teaching, counseling, personal, or professional practice that adhere to ethical standards.

#### **Major Topics**

- I. Human Development

The Common Course Outline (CCO) determines the essential nature of each course.

For more information, see your professor's syllabus.

- a. Research Methods
- b. Theoretical Perspectives in Human Development
- c. Hereditary and Biological Influences on Human Development
- d. The Role of Diverse Multicultural, International, and Global Perspectives in Human Development
- II. Prenatal Development and Birth
- III. Physical, Socioemotional, Cognitive, and Personality Development Across the following stages:
  - a. Prenatal
  - b. Infancy/Toddlerhood
  - c. Early Childhood
  - d. Middle Childhood
  - e. Adolescence
  - f. Young Adulthood
  - g. Middle Adulthood
  - h. Late Adulthood
- IV. Death, Dying, and Bereavement
- V. Relationship Dynamics: Single Life, Companionship, Marriage, Divorce, and Remarriage.
- VI. Differences in growth and development
  - a. Sociocultural
  - b. Age
  - c. Gender
- VII. Theoretical Models pertaining to:
  - a. Moral development and possible gender differences in models of morality
  - b. Intelligence
  - c. Normative Crisis/Timing of Events Models
  - d. Life Structures Theory
  - e. Love and attraction
  - f. Role of work in phases of life
  - g. Ageing
  - h. Child-raising/parenting/education issues including role of different family structures
- VIII. Attitudes toward age groups:
  - a. Adolescents
  - b. Emerging Adults
  - c. Elderly
  - d. Other Age Groups

### **Course Requirements**

Grading procedures will be determined by the individual faculty member, but will include the following at minimum:

- Four exams which account for 30-50% of the overall course grade
- Two one-page written assignments involving critical thinking such as discussions, reflections, article analyses, or case studies
- A research based project using a minimum of three academic resources which assesses the General Education Outcomes

The Common Course Outline (CCO) determines the essential nature of each course.  
For more information, see your professor's syllabus.

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

### **Other Course Information**

This course is approved for General Education Diversity and Global Education programs.

One or more assignments will infuse CCBC General Education Program outcomes and will account for a minimum of 10% of the total course grade. The assignment(s) will allow students to demonstrate General Education program outcomes.

Date Revised: 2/18/2025

The Common Course Outline (CCO) determines the essential nature of each course.  
For more information, see your professor's syllabus.