

**PSYC 101**  
**Introduction to Psychology**  
3 Credits

Community College of Baltimore County  
Common Course Outline

**Description**

**PSYC 101 – Introduction to Psychology:** surveys the science of psychology and the application of critical thinking skills. Topics include research methods, biological bases of behavior, sensation and perception, states of consciousness, learning, memory, motivation and emotion, language, lifespan development, intelligence, stress and health, social behavior, personality, and abnormal behavior and its treatment. Applications of psychology in a culturally diverse world are also discussed.

**Co-requisites:** ACLT 053 or (ESOL 052 and ESOL 054)

**Overall Course Objectives**

Upon completion of this course, students will be able to:

1. Explain basic psychological concepts.
2. Interpret research findings related to psychological concepts.
3. Apply psychological principles to personal growth and other multi-cultural aspects of everyday life.
4. Describe the advantages and limitations of research strategies.
5. Find, evaluate, use, and cite appropriate resources for psychological research.
6. Draw logical and objective conclusions about behavior and mental processes from empirical evidence.
7. Examine how psychological science can be used to counter unsubstantiated statements, opinions, or beliefs according to personal and professional ethical standards.
8. Use technology to retrieve, review, discuss, and present online resources and information related to psychology

**Major Topics**

- I. History of Psychology
- II. Research methods
- III. Areas of Psychology
- IV. Biological bases of behavior and mental processes
- V. Sensation
- VI. Perception
- VII. Consciousness
- VIII. Learning
- IX. Memory

The Common Course Outline (CCO) determines the essential nature of each course.  
For more information, see your professor's syllabus.

- X. Cognition
- XI. Language
- XII. Intelligence
- XIII. Life Span Development
- XIV. Motivation and Emotion
- XV. Personality
- XVI. Multiculturalism and Gender
- XVII. Disorders
- XVIII. Health
- XIX. Social
- XX. Therapies

### **Course Requirements**

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Three exams which account for 30-50% of the overall course grade
- Two one-page written assignments involving critical thinking such as discussions, reflections, article analyses, or case studies
- A research-based project using a minimum of three academic resources which assesses the General Education Outcomes

### **Other Course Information**

This course is an approved 3–credit General Education course in the Social and Behavioral Sciences. One or more assignments will infuse CCBC General Education Program outcomes and will account for a minimum of 10% of the total course grade.

This course is a program requirement for Psychology.

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