#### **DANC 230**

# Tap 1

2 Credits

Community College of Baltimore County Common Course Outline

## **Description**

**DANC 230 – Tap 1:** builds on the technical skills introduced in DANC 130. Students focus on body alignment and integration, center and locomotor skills, dynamic variety and musicality. This course is designed for students with previous dance training in Tap.

**Pre-requisites:** DANC 130 or consent of the Dance Coordinator

## **Overall Course Objectives**

Upon completion of this course, students will be able to:

- 1. perform tap skills with effective technique and efficient body alignment according to individual anatomical structure:
- 2. demonstrate accurate movement memorization and reproduction of movement sequences;
- 3. accurately identify tap skills and terminology;
- 4. analyze movement skills and combinations from an anatomically correct standpoint;
- 5. perform tap skills with expressivity;
- 6. demonstrate clear musicality as it applies to tap;
- 7. utilize an integrated kinesthetic perception, focus and concentration in order to selfevaluate and self-correct;
- 8. evaluate their growth in agility, balance, strength, endurance, flexibility, coordination, and movement efficiency:
- 9. demonstrate an increased level of self-awareness and awareness of others when performing and engaging in group activities;
- 10. articulate appropriate criteria for making aesthetic judgments about dance;
- 11. differentiate the various styles of tap from tap's historical roots through contemporary choreographers;
- 12. demonstrate effective oral, written and critical thinking skills as they apply to dance technique and appreciation;
- 13. analyze the choreographic styles and performance from a live concert and articulate appropriate criteria for making interpretations and judgments about dance;
- 14. apply dance as a means to a healthy lifestyle; and
- 15. discuss dance as a vehicle for expressing cultural, historical, political or social issues.

### **Major Topics**

- I. Technique principles of Tap as they relate to:
  - a. Terminology
  - b. Floor work
  - Center and across the floor combinations.

The Common Course Outline (CCO) determines the essential nature of each course. For more information, see your professor's syllabus.

- d. Performance skills
- II. History and Aesthetics
  - a. Historical Influences
  - b. Aesthetics of Tap over time
  - c. Aesthetics as a process and product of culture
- III. Dance and Wellness
  - a. Injury prevention
  - b. Nutrition and hydration
  - c. P.R.I.C.E treatment of injuries (prevent, rest, ice, compress, elevate)

## **Course Requirements**

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Daily physical demonstration of dance technique
- One written exam
- A written self-evaluation assignment
- Attendance at a live professional dance concert and written response
- Attendance at the CCBC Dance Concert
- Two practical exams (midterm and final)

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

#### **Other Course Information**

This course may be repeated up to a maximum of 4 credits.

Date Revised: 3/4/2025