

DANC 222

Intermediate Contemporary Modern Dance 1

2 Credits

Community College of Baltimore County

Common Course Outline

Description

DANC 222 – Intermediate Contemporary Modern Dance 1: provides continued training in contemporary modern dance movement vocabulary and technical training at the intermediate level. Students focus on developing skills with increasingly complex movement sequences and an emphasis on developing performance quality, depth of physicality, expression, and individual style.

Pre-requisites: DANC 221 or consent of the Dance Coordinator

Overall Course Objectives

Upon completion of this course, students will be able to:

1. perform an increased level of fluency in contemporary modern dance technique with performance qualities, effective technique and efficient body alignment according to individual anatomical structure;
2. demonstrate the ability to use strength and range of mobility in contemporary modern dance movement at the intermediate level;
3. evaluate all training, practice, and performance from an anatomically correct standpoint;
4. perform all combinations and phrase work with an integration of core strength at the intermediate level;
5. demonstrate effective use of improvisation skills at the intermediate level;
6. perform contemporary modern dance movement phrases with greater expressivity, and range of movement at the intermediate level;
7. demonstrate a sophisticated use of musicality, dynamics, and movement articulation in time and space;
8. perform tempo, rhythm, dynamics of musical accompaniment, and individual breath phrasing at the intermediate level;
9. demonstrate an increased level of self-awareness, awareness of others, and spatial awareness when performing and engaging in group activities;
10. utilize an integrated kinesthetic perception, focus and concentration in order to self-evaluate and self-correct;
11. assess their growth in agility, balance, strength, endurance, flexibility, coordination, and movement efficiency;
12. utilize effective oral, written and critical thinking skills as they apply to dance technique and appreciation;
13. compare the various styles of modern dance from its historical roots through contemporary choreographers

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For more information, see your professor's syllabus.

14. analyze the choreographic styles and performance elements from a live concert and articulate appropriate criteria for making aesthetic statements about dance;
15. discuss dance as a means to a healthy lifestyle; and
16. examine dance as a vehicle for expressing cultural, historical, political or social issues.

Major Topics

- I. Technique principles of Contemporary Modern Dance at the intermediate level as related to:
 - a. Use of Time, Space and Energy
 - b. Terminology
 - c. Musicality and dynamics
 - d. Floor work
 - e. Center and across the floor combinations
 - f. Performance skills
- II. History and Aesthetics
 - a. Historical influences
 - b. Aesthetics of Modern Dance over time
 - c. Aesthetics as a process and product of culture
 - d. Elements of Modern Dance choreography and performance
- III. Dance and Wellness
 - a. Injury prevention
 - b. Nutrition and hydration
 - c. P.R.I.C.E treatment of injuries (prevent, rest, ice, compress, elevate)

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Daily physical demonstration of dance technique
- Two practical exams (midterm and final)
- Attendance at the CCBC Dance Concert
- Attendance at a live professional dance performance and written critique
- A written self-evaluation
- One written exam

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Other Course Information

This course may be repeated up to a maximum of 4 credits.

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