### **DANC 137**

# **Dance Improvisation**

3 Credits

Community College of Baltimore County Common Course Outline

#### **Description**

**DANC 137 – Dance Improvisation:** explores dance elements and design through creative problem solving and guided experiences. Focus is placed on gaining awareness and knowledge of developing movement vocabulary generation for future use in choreography.

#### **Overall Course Objectives**

Upon completion of this course, students will be able to:

- 1. actively engage in individual, partner and group movement improvisation experiences;
- 2. utilize the possibilities the body has for making movement statements;
- 3. express concepts, emotions and objects through movement;
- 4. respond to a variety of stimuli such as: music/sound, imagery, environment, relationship, space and effort;
- 5. analyze the elements of time, space and energy/effort as they apply to improvisation;
- 6. utilize Laban Effort/Shape theory;
- 7. express elements of non-verbal communication;
- 8. apply kinesthetic, emotional, intuitive and intellectual responses to movement experiences;
- 9. practice self-awareness and sensitivity to others when engaging in partner and group activities:
- 10. utilize improvisation as a choreographic device;
- 11. create a structured improvisation score;
- 12. articulate development of their personal creative process in oral and written communication; and
- 13. demonstrate effective oral, written and critical thinking skills.

#### **Major Topics**

- I. Elements of Creativity
  - a. Use of time, space and energy/effort
  - b. Exploration of improvisational concepts
  - c. Experiment with creating movement statements
  - d. Laban/Effort Shape theory and how it applies to movement
  - e. Beginnings, middles and endings of improvisational structures
  - f. Free vs. structured improvisation
- II. History of Improvisation
  - a. Pioneers of dance improvisation
  - b. Contemporary figures in dance improvisation
  - c. Trends in improvisation

The Common Course Outline (CCO) determines the essential nature of each course. For more information, see your professor's syllabus.

## **Course Requirements**

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Creation of movement phrases for in-class activities
- Weekly journal descriptions and responses to class and outside activities throughout the semester
- Four supplemental reading and response assignments
- One written assignment
- Create a minimum of three improvisational structures/studies
- Attendance at the CCBC Dance Concert with a written or oral response

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

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