#### **DANC 130**

# **Introduction to Tap 1**

2 Credits

Community College of Baltimore County Common Course Outline

#### **Description**

**DANC 130 – Introduction to Tap 1:** introduces the technique and fundamentals of tap; includes body alignment and integration, center and locomotor skills, dynamic variety, and musicality. This course is designed for students with little or no previous dance training.

#### **Overall Course Objectives**

Upon completion of this course, students will be able to:

- 1. identify basic tap skills and terminology;
- 2. perform basic tap skills with effective technique and efficient body alignment according to individual anatomical structure;
- 3. demonstrate strength and a range of mobility;
- 4. accurately demonstrate basic musicality;
- 5. utilize an integrated kinesthetic perception, focus and concentration in order to selfevaluate and self-correct;
- 6. demonstrate appropriate studio etiquette;
- 7. evaluate their growth in agility, balance, strength, endurance, flexibility, coordination, and movement efficiency:
- 8. demonstrate self-awareness and awareness of others when performing and engaging in group activities:
- 9. demonstrate effective oral, written and critical thinking skills as they apply to dance technique and appreciation:
- 10. identify criteria for making aesthetic judgments about dance;
- 11. recognize choreographic styles and performance from a live concert and articulate appropriate criteria for making aesthetic statements about dance;
- 12. discuss dance as a means to a healthy lifestyle; and
- 13. discuss dance as a vehicle for expressing cultural, historical, political or social issues.

### **Major Topics**

- I. Technique principles of Tap at the fundamental level as it relates to:
  - a. Use of time, space and energy
  - b. Terminology
  - c. Musicality
  - d. Floor Work
  - e. Center and across the floor movement sequence
  - f. Performance skills
- II. History and Aesthetics
  - a. Historical influences
  - b. Aesthetics of Tap throughout its historical development

The Common Course Outline (CCO) determines the essential nature of each course. For more information, see your professor's syllabus.

- c. Aesthetics as a process and product of culture
- III. Dance and Wellness
  - a. Injury prevention
  - b. Nutrition and hydration
  - c. P.R.I.C.E treatment of injuries (prevent, rest, ice, compression and elevation

## **Course Requirements**

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Daily physical demonstration of dance technique
- Two practical evaluations (mid-term and final)
- Attendance at the CCBC Dance Concert and a written response
- A written or oral self-evaluation assignment
- One written exam

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

## **Other Course Information**

This course may be repeated up to a maximum of 4 credits.

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