

**PETA 101**  
**Basketball**  
1 Credit

Community College of Baltimore County  
Common Course Outline

**Description**

**PETA 101 – Basketball:** is a course in which students explore the game of basketball with an emphasis on playing the game. Students examine the fundamental technical and tactical skills of basketball. An emphasis is placed on basic player skills and movement on offense and defense, as well as basic rules of the game.

**Overall Course Objectives**

Upon completion of this course, students will be able to:

1. apply basic offensive skills;
2. apply basic defensive skills;
3. recall basketball terminology;
4. identify the proper equipment used by participants;
5. distinguish court markings and lines;
6. outline proper spacing for participants;
7. describe the basic rules of basketball; and
8. develop physical conditioning for basketball.

**Major Topics**

- I. Basketball stances and forms
- II. Basketball movements with and without the ball
- III. Offense
  - a. Passing
  - b. Rebounding
  - c. Shooting
- IV. Defense
  - a. Positioning
  - b. Footwork
  - c. Contest a shot
  - d. Taking a charge
- V. Basics of basketball training
  - a. Conditioning drills
  - b. Speed drills
  - c. Agility drills
- VI. Proper communication with teammates

**Course Requirements**

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

The Common Course Outline (CCO) determines the essential nature of each course.  
For more information, see your professor's syllabus.

- Three practical skills assessments
- One practical demonstration
- One written assignment
- One written exam
- Attendance and participation

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

### **Other Course Information**

This is a physical activity course and proper attire for playing basketball is required.

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