

THTR 146
Movement for the Actor
3 Credits

Community College of Baltimore County
Common Course Outline

Description

THTR 146 – Movement for the Actor: Theory and practice in movement for the actor in order to develop increased awareness of the body as an instrument of expression. Practice will include techniques for improving physical awareness and coordination, breath control, concentration, and general body conditioning as the foundation of character development. Students will learn movement sequences, practice footwork and rhythmic accuracy, explore a variety of movement styles and use improvisation to generate new movement ideas. NOTE credit may be earned for DANC 146 or THTR 146, but not for both.

Pre-requisites: DANC 150 or THTR 111

Overall Course Objectives

Upon completion of this course, students will be able to:

1. Articulate selected aspects of movement theory: body mechanics, style analysis, movement observation and description and non-verbal communication;
2. Articulate his or her individual movement preferences;
3. Observe and describe the movement patterns of others;
4. Apply Body/Effort/Space/Shape qualities to improve movement;
5. Work cooperatively with partners and groups;
6. Apply effective core support for efficient breathing while moving;;
7. Perform with clarity simple movement sequences and locomotor patters;
8. Demonstrate increased kinesthetic awareness through self-evaluation and self-correction;
9. Discuss the role of personal space, kinesphere and group space in the development of character;
10. Develop a personal daily work out;
11. Develop effective warm-ups for specific roles;
12. Explain how movement and text can reinforce or contradict each other;
13. Apply Body/Effort/Space/Shape qualities in the development of characters;
14. Explore physicalization of character in monologue, dialogue, and scene work; and
15. Perform a monologue that demonstrates physical and textual integration in the development of characters.

Major Topics

- I. The elements of non-verbal communication
- II. Body mechanics overview and generating articulate movement
- III. Core support and effective breathing

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

- IV. Body/Effort/Space/Shape elements of movement analysis and character development
- V. Body shape (posture), organization and sequencing of movement
- VI. Basic locomotor patterns
- VII. Person space, kinesphere and group space in character development
- VIII. Effort qualities: Flow-Weight-Time-Space in character development
- IX. Style analysis
- X. Designing conditioning workouts and movement warm-ups
- XI. Exploring the ways in which text and movement can reinforce or contradict each other
- XII. Effective movement in monologue dialogue and scenes
- XIII. Putting it all together in physical characterization

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Attendance and active participation in class activities, collaborative and partner work and discussion
- Minimum of three “personal insights” written assignments
- Minimum of three written movement observations from everyday life and theatrical performance
- Minimum of two movement evaluations
- Development of a personal daily workout to be shared with the class
- Final monologue performance that demonstrates physical and textual integration in the development of character

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Other Course Information

The Community College of Baltimore County is committed to providing a high-quality learning experience that results in a growth of knowledge, attitudes, and skills necessary to function successfully as a transfer student, a career and as a citizen. To accomplish this goal, we maintain high academic standards and expect students to accept responsibility for their individual growth by attending class, complete all homework and other assignments, participating in class activities and preparing for tests.

We take seriously our responsibility to maintain high-quality programs and will periodically ask you to participate in assessment activities to determine whether our students are attaining the knowledge, attitudes, and skills appropriate to various courses and programs. The assessment activities may take many different forms such as surveys, standardized or faculty-developed test, discussion groups or portfolio evaluations. We ask that you take these activities seriously so that we can obtain valid data to use for the continuous improvement of CCBC’s courses and programs.

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