

PETA 110

Field Games and Basketball

2 Credits

Community College of Baltimore County
Common Course Outline

Description

PETA 110 – Field Games and Basketball: is a course in which students examine progressive techniques and the selected field skills required to play flag football. Students also explore an in-depth study of basketball skills, techniques, and strategy. Each sport covers approximately half of the semester.

Overall Course Objectives

Upon completion of this course, students will be able to:

1. demonstrate the fundamental skills of flag football;
2. differentiate the eleven offensive and defensive positions of the team;
3. identify the basic offensive running and passing plays for flag football;
4. identify the precautionary measures to minimize hazardous play in flag football;
5. explain the fouls and penalties of flag football;
6. identify the safety precautions when playing flag football;
7. identify the playing courtesies of flag football;
8. demonstrate the fundamental skills of basketball;
9. demonstrate the individual defensive skills;
10. distinguish types of team defenses;
11. demonstrate individual offensive skills;
12. identify the team offense situations; and
13. demonstrate rebounding techniques.

Major Topics

- I. Basic flag football skills
- II. Positions of offense and defense
- III. Basic running and passing plays
- IV. Minimizing hazardous play
- V. Fouls and penalties of flag football
- VI. Safety factors
- VII. Playing courtesies
- VIII. Fundamental basketball skills
- IX. Individual defensive skills
- X. Team defense skills
- XI. Individual offensive skills
- XII. Team offensive situations
- XIII. Individual rebounding skills

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- One written test
- One skill test for flag football
- One skill test for basketball
- One written paper covering one of the sports
- Attendance and participation

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Other Course Information

This is a physical activity course and proper attire for playing basketball and flag football is required.

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