

PEMJ 114

Soccer

1 Credit

Community College of Baltimore County Common Course Outline

Description

PEMJ 114 – Soccer: enables physical education majors to develop individual skills, offensive and defensive strategies, and team concepts in soccer. Students will explore the basic principles of teaching soccer.

Overall Course Objectives

Upon completion of this course, students will be able to:

1. perform the basic ball control skills;
2. demonstrate basic offensive skills;
3. demonstrate basic defensive skills;
4. explain game rules;
5. summarize the history of soccer;
6. demonstrate offensive and defensive systems;
7. analyze technique;
8. critique improper technique; and
9. create and implement a teaching lesson.

Major Topics

- I. Ball control skills
 - a. Dribbling
 - b. Trapping
 - c. Heading
- II. Offensive skills
 - a. Passing
 - b. Supporting
 - c. Shooting
- III. Defensive skills
 - a. Marking
 - b. Covering
 - c. Tackling
- IV. Game situations
 - a. Throw-ins
 - b. Corner kicks
 - c. Direct and indirect shots
- V. Offensive tactics and systems
- VI. Defensive tactics and systems
- VII. Goalkeeping
- VIII. History and rules of the game

The Common Course Outline (CCO) determines the essential nature of each course.

For more information, see your professor's syllabus.

IX. Strategies for teaching soccer skills and team concepts

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- One final exam
- Three quizzes
- Skills test
- Technique evaluation
- One teaching presentation
- One lesson plan
- Attendance and class participation

Other Course Information

This is a physical activity course and proper attire for soccer is required.

Date Revised: 5/3/2022