

PEAQ 113

Water Safety Instructor

2 Credits

Community College of Baltimore County
Common Course Outline

Description

PEAQ 113 – Water Safety Instructor: is a training course for instructor candidates to teach courses in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions, and how to evaluate participants' progress.

Pre-requisites: PEAQ 102 or PEAQ 127 or permission of the program coordinator

Overall Course Objectives

Upon completion of this course, students will be able to:

1. practice the qualities required of an American Red Cross representative;
2. plan a safe and successful learning environment;
3. assess participants' skills and performance;
4. provide corrective feedback and encouragement;
5. communicate effectively with participants;
6. create a safe environment;
7. design strategies to meet the learning needs of individuals who move, learn, communicate, or behave differently; and
8. identify American Red Cross course reporting procedures.

Major Topics

- I. Hydrodynamic principles
- II. Developing block and lesson plans
- III. Motor learning theory
- IV. Teaching progressions and regressions
- V. Stroke evaluation
- VI. Practice teaching
- VII. American Red Cross policies and procedures

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- final written exam
- four practice teaching sessions

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Other Course Information

Candidates must be at least 16 years of age by the final class meeting.

Date Revised: 5/2/2023

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