

OCTA 222

Psychosocial Dysfunction II

3 Credits

Community College of Baltimore County
Common Course Outline

Description

OCTA 222 - Psychosocial Dysfunction II: introduces students to group dynamics and leadership skills when working with mentally ill clients/patients. Students develop intervention skills needed to perform assessments and treatments for clients/patients in a variety of mental health settings, gaining an understanding of current trends and relevant laws impacting the practice of occupational therapy.

Pre-requisites: OCTA 201, OCTA 220, and OCTA 221

Overall Course Objectives

Upon completion of this course, students will be able to:

1. explain how the use of occupation can help the patient/client achieve health and wellness;
2. demonstrate ethical standards and use of sound judgment in regard to safety of self and others while adhering to safety regulations throughout the occupational therapy process;
3. articulate the intra-professional roles, collaborative work between the occupational therapy assistant and occupational therapist in the screening and evaluation process as well as the supervision necessary for the occupational therapy assistant;
4. develop skills to provide evidence-based interventions including, but not limited to training in self-care, self-management, health management and maintenance, home management, and community and work integration;
5. develop skills to provide development, remediation, and compensation for mental, cognitive, perceptual, neuromuscular, behavioral skills and sensory functions that are consistent with frames of reference and models of occupational performance;
6. demonstrate effective interaction through written, oral, and nonverbal communication with the patient/client, family, significant others, colleagues, other health providers, and the public in a professionally acceptable manner;
7. explain the collaboration and consultation process when working inter-professionally, i.e., with other care providers for services to consumers in order to clarify each member's responsibility;
8. describe the role and responsibility of the occupational therapy assistant in care coordination, case management, and transition services in traditional and emerging practice environments;
9. promote occupational therapy by educating key stakeholders;
10. explain considerations for health and wellness needs, risk for social injustice, occupational deprivation, and mental health disparity in the receipt of services;

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

11. identify personal and professional abilities and competencies as they relate to job responsibility;
12. develop emerging leadership skills through an understanding of group dynamics and therapeutic use of self in working with groups of patients/clients;
13. articulate the purpose of therapeutic groups to enhance safety, health, wellness, and performance in occupations;
14. demonstrate emerging competence in administration of standardized/structured reassessment tools to assess patient/client level of functioning;
15. discuss the application and use of technology in practice (i.e., telehealth); and
16. recognize when to report to the occupational therapist the need to provide community and primary care programs that support occupational performance for persons, groups, and populations.

Major Topics

- I. Group dynamics
 - a. Types of groups
 - b. Developmental level of groups
 - c. Therapeutic groups
- II. Leadership skills
 - a. Therapeutic use of self
 - b. Role of the leader in facilitating groups
- III. Treatment planning
 - a. Observation skills
 - b. Re-assessment
 - c. Activity analysis
 - d. Protocol writing
 - e. Intervention planning
 - f. Documentation
 - g. Safety issues
 - h. Identifying needs and interventions to address needs
 - i. Practice framework
- IV. Trends in mental health
 - a. Laws governing mental health practice
 - b. Practice areas in psychosocial treatment
 - c. Professional roles of occupational therapy assistant/occupational therapist
- V. Standards of care
 - a. American Occupational Therapy Association Code of Ethics
 - b. Confidentiality
 - c. Standards of practice

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- three written assignments
- three progress notes

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- two group activities
- 24 hours of Level I fieldwork
- one quiz
- midterm exam
- final exam

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Date Revised: 1/3/2023