

OCTA 221

Psychosocial Dysfunction I

3 Credits

Community College of Baltimore County
Common Course Outline

Description

OCTA 221-Psychosocial Dysfunction I: introduces students to frequently occurring psychosocial issues across the lifespan. Students identify and discuss the role of the occupational therapy practitioner in treating psychiatric diagnoses.

Pre-requisites: Admission into the Occupational Therapy Assistant Program

Co-requisites: OCTA 201 and OCTA 220

Overall Course Objectives

Upon completion of this course, students will be able to:

1. discuss mental health and mental illness and its treatment across time, including the history, philosophical basis of occupational therapy and considering the sociopolitical climate;
2. explain the importance of occupational performance and theories when identifying and discussing issues affecting the practice of psychosocial occupational therapy;
3. discuss concepts of human behaviors to include but not be limited to theories of Freud, Erikson, Piaget, Skinner, Ellis, and Rogers;
4. explain the occupational therapy frame of reference and models of practice that are commonly used in mental health settings;
5. discuss professional literature related to occupational therapy interventions;
6. define the sequence of developmental factors and how needs are met for persons, groups and populations while considering family, age, gender, culture and personal lifestyle choices;
7. explain the etiology of psychiatric diagnoses and the impact of symptoms on occupational performance within the cultural context of the individual, family and society;
8. recognize possible side effects that may result from medications prescribed to treat psychiatric disorders and implement strategies to ensure that client is stable for treatments;
9. discuss group dynamics including the therapeutic use of self and how milieu functions as a unit;
10. engage in professional behaviors and incorporate safe strategies and techniques while working with patients/clients with psychiatric disorders;
11. explain the role of the occupational therapist and the occupational therapy assistant in the screening, evaluation, supervision and collaboration in this area of practice;
12. articulate the American Occupational Therapy Association code of ethics and standards of practice with regard to decision making and providing services to persons with mental illness; and

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

13. discuss the business aspects of mental health treatment as it relates to billing and coding in various mental health settings.

Major Topics

- I. Occupational therapy history and relation to current practice in psychosocial occupational therapy
- II. Overview of psychology theories and theorists
 - a. Psychoanalytic theory (Freud, Adler, Jung)
 - b. Developmental theorists (Erikson, Piaget, Havighurst, Kohlberg)
 - c. Behavioral theorists (Pavlov, Skinner)
 - d. Cognitive-behavioral theorists (Beck, Ellis, Bandura)
 - e. Client centered (Rogers)
 - f. Neuroscientific, Psychiatric Rehabilitation and Recovery Model
- III. Overview of frames of reference
 - a. Object relation and lifespan (Fidler, Mosey, Llorens)
 - b. Movement centered (Ayres, King, Dunn, sensory processing, and sensory modulation)
 - c. Cognitive (Allen)
 - d. Occupational frames of reference (Canadian, Model of Human Occupation, Reilly, Occupational Adaptation, and Kawa)
 - e. Other (Dialectical Behavioral Therapy, Recovery)
- IV. Overview of psychiatric diagnosis
 - a. Neurodevelopmental disorders
 - b. Schizophrenia spectrum and other psychotic disorders
 - c. Bipolar and related disorders
 - d. Depressive disorders
 - e. Anxiety disorders
 - f. Obsessive-compulsive and related disorders
 - g. Trauma and stressor-related disorders
 - h. Dissociative disorders
 - i. Paraphilic disorders
 - j. Gender dysphoria
 - k. Feeding and eating disorders
 - l. Disruptive, impulse-control, and conduct disorders
 - m. Personality disorders
 - n. Substance related and addictive disorders
 - o. Neurocognitive disorders
- V. Overview of therapeutic use of self, boundaries, group dynamics, professional behaviors, and cultural awareness

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- three quizzes
- two group presentations
- midterm exam

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

- final exam

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Date Revised: 1/3/2023