

OCTA 201

Fundamentals of Occupational Therapy

2 Credits

Community College of Baltimore County
Common Course Outline

Description

OCTA 201 – Fundamentals of Occupational Therapy: introduces students to the history, philosophy, frames of reference, and major theories of occupational therapy. Students explore and observe areas of practice, and demonstrate an understanding of ethics and current trends, including, but not limited to telehealth and Electronic Medical Records (EMR), emphasizing the impact on the profession of occupational therapy.

Pre-requisites: Admission into the Occupational Therapy Assistant program

Co-requisites: OCTA 220 and OCTA 221

Overall Course Objectives

Upon completion of this course, students will be able to:

1. define occupational therapy utilizing terminology from the Practice Framework;
2. discuss the value “occupation” has in the treatment of patients/clients integrating culture and context into this process;
3. explain the importance of engaging in occupations when managing disability and/or disease in order to move towards health and wellness;
4. identify the philosophy and importance of the history of occupational therapy;
5. define major theories and frames of reference used in the practice of occupational therapy;
6. describe the role of occupational therapy practitioners and the interprofessional team with various patient/client populations in a variety of settings;
7. recognize the current social, political, and legislative climate, as well as the need to advocate for the profession and patient/client through various professional organizations;
8. explain beginning concepts of evidence-based practice and how to support this practice with a literature review using occupational therapy professional magazines and journals;
9. identify the principles of ethics which anchor the American Occupational Therapy Association (AOTA) Code of Ethics; and
10. recognize the roles of the occupational therapist and occupational therapy assistant and aides, as they relate to the supervision required and mandated by AOTA and the state regulatory board of OT Practice.

Major Topics

- I. Introduction to occupational therapy
 - a. Definition
 - b. History

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor’s syllabus.

- c. Philosophy
 - d. Professional organizations in the field of occupational therapy
 - e. Professional magazines and journals in occupational therapy
 - f. Introduction to other healthcare team members
 - g. Professional expectations to advocate and participate in local, state and/or national organizations supporting occupational therapy
 - h. Levels of practitioners
- II. Practice Framework
 - a. Occupations
 - b. Performance skills
 - c. Performance patterns
 - d. Context and environments
 - e. Client factors
 - f. Activity demands
- III. Role Delineation between the occupational therapist and the certified occupational therapy assistant
 - a. History of certified occupational therapy assistant
 - b. Supervision per American Occupational Therapy Association and the Maryland State Board of Occupational Therapy Practice
 - c. Service competency
 - d. Roles of occupational therapy practitioners in various healthcare settings
- IV. Documentation
 - a. Medical record/legal document
 - b. Subjective, Objective, Assessment, Plan format
 - c. Telehealth and Electronic Medical Record
- V. Ethics
 - a. Definition
 - b. American Occupational Therapy Association Code of Ethics
 - c. Core values and principles
 - d. Professionalism and cultural competency
 - e. Maryland State Board of Occupational Therapy Practice-Code of Ethics
- VI. Introduction to interprofessional education and collaborative care
 - a. Teamwork and team-based practice and responsibilities in collaborative practice Values and ethics
 - b. Communication Roles
 - c. Values and ethics
- VII. Current issues impacting healthcare and occupational therapy
 - a. Importance of advocating for patient/client and profession
 - b. Impact of legislation on practice areas
 - c. Communicable diseases

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- two progress notes
- one article review of a professional journal article
- eight hours of Level I fieldwork

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

- two tests
- one final exam

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Date Revised: 1/3/2023

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.