

NURN 217

Mental Health Nursing Concepts

3 credits (2 credits lecture and 1 credit clinical)

Community College of Baltimore County Common Course Outline

Description

NURN 217 – Mental Health Nursing Concepts: is a course in which students examine the nursing care of clients, families, and groups to meet the emotional, behavioral, and social demands of life. Emphasis is placed on the concepts of addiction, clinical judgment, cognition, health care law, human development, mood/affect, nutrition, professionalism, and trauma through didactic and clinical experiences.

Pre-requisites: NURN 160 (with grade of C or higher)

Overall Course Objectives

Upon completion of this course, students will be able to:

1. implement nursing care that promotes and maintains safety for clients with mental health disorders;
2. perform milieu management and treatment in the least restrictive environment;
3. adapt professional practice responsibilities and standards that include diversity, equity and inclusion, within a therapeutic milieu when caring for clients with mental health disorders;
4. apply clinical judgment when using the nursing process with disorders of addiction, cognition, human development, mood/affect, nutrition, and trauma;
5. apply knowledge of mental health nursing assessment to conduct a mental status exam;
6. use current research and evidence when planning care for clients with disturbances of addiction, cognition, human development, mood/affect, nutrition, and trauma;
7. evaluate the essential pharmacologic interventions for clients with problems of addiction, cognition, human development, mood/affect, nutrition, and trauma;
8. complete a comprehensive self-evaluation that emphasizes effective communication techniques and caring behaviors that show clinical and professional growth and resilience;
9. perform health promotion and teaching activities that contribute to optimizing the mental health of clients and groups; and
10. discuss mental health issues that have significant impact on clients, families, society and the nursing profession.

Major Topics

- I. Addiction
 - a. Framework and treatment modalities
 - b. Central Nervous System (CNS) depressants

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

- c. CNS stimulants
 - d. Hallucinogens
 - e. Marijuana
- II. Clinical judgment
 - a. Mental status
 - b. Psychobiology
- III. Cognition
 - a. Neurocognitive disorders
 - b. Psychotic disorders
- IV. Communication
 - a. Behavior management
 - b. Counseling interventions
- V. Health care law
 - a. Admission and discharge
 - b. Client's rights
 - c. Forced medication
- VI. Health promotion strategies
- VII. Human development
 - a. Attention deficit hyperactivity disorder
 - b. Autism spectrum
 - c. Personality disorders
- VIII. Mood and affect
 - a. Anxiety disorders
 - b. Bipolar disorders
 - c. Major depressive disorders
 - d. Obsessive compulsive and related disorders
 - e. Suicide
- IX. Nutrition
 - a. Anorexia nervosa
 - b. Binge eating
 - c. Bulimia nervosa
- X. Professionalism
 - a. Role of the nurse in mental health care
 - b. Role of the interdisciplinary health team
- XI. Safety
 - a. Medication management
 - b. Milieu management
- XII. Trauma
 - a. Abuse
 - b. Acute stress disorder
 - c. Dissociative disorder
 - d. Post-traumatic stress disorder

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- three theory examinations
- one writing assignment

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- one proctored standardized test

Written assignments: Students are required to use appropriate academic resources and cite sources according to the APA style.

Other Course Information

The following are required for satisfactory completion of this course:

- attendance at all assigned clinical and laboratory experiences
- completion of all assignments
- satisfactory performance in the clinical experience
- exam average of 75.00% or higher
- overall grade of C (75.00%) or higher

Date Revised: 2/6/2024