

HUSC 110

Foundations of Psychiatric Rehabilitation

3 Credits

Community College of Baltimore County Common Course Outline

Description

HUSC 110 – Foundations of Psychiatric Rehabilitation: is a course in which students explore the spectrum of psychiatric rehabilitation services and settings, and the role of mental health and illness across the lifespan.

Pre-requisites: HUSC 101

Overall Course Objectives

Upon completion of this course, students will be able to:

1. describe the client characteristics of individuals served by institutions and agencies in the psychiatric rehabilitation system;
2. list significant events and milestones in the history of psychiatric rehabilitation;
3. explain the impacts of socioeconomic status, unemployment, race, age, ethnicity, chronicity, and severity of illness on access to services in the public and private sectors of psychiatric rehabilitation;
4. describe principles of program development and service delivery based on normative development, including prevention, support groups, peer facilitation, family education, career counseling, and self-help;
5. demonstrate appropriate psychoeducational interventions in psychiatric rehabilitation, including family psychoeducation;
6. distinguish between stigmatizing interventions and those that foster empowerment;
7. list strategies to promote client self-advocacy and access to systems of care;
8. differentiate between recovery-oriented systems of care and systems of care that promote lifelong dependence;
9. speculate the impact of mental illness on vocational development and independent living;
10. describe systems of care across the spectrum of services in the public mental health system, including residential and outpatient settings;
11. integrate counseling and case management strategies to develop care plans focused on improving client quality of life;
12. demonstrate appropriate documentation skills in psychiatric rehabilitation;
13. describe the relationships between mental health, somatic health, and emotional well-being; and
14. apply significant legal and ethical principles in psychiatric rehabilitation.

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

Major Topics

- I. Client Characteristics
- II. History of Psychiatric Rehabilitation
- III. Diversity Factors in Psychiatric Rehabilitation
- IV. Program Development and Service Delivery
- V. Psychoeducation
- VI. Stigma
- VII. Fostering Independence and Self-Advocacy
- VIII. Recovery-Oriented Systems of Care
- IX. Vocational Development and Job Coaching
- X. Systems of Care
 - a. Vocational Rehabilitation and Supported Employment
 - b. Outpatient/Day Programs
 - c. Residential Programs and Independent Living
 - d. Hospital-Based Programs
 - e. Peer Support Models
 - f. Family Interventions
- XI. Case Management
- XII. Documentation Skills
- XIII. Legal and Ethical Issues
- XIV. Interrelationship Between Mental and Physical Health

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- 1 program visit summary and critique, at least 3 pages
- 1 service delivery plan
- 2 examples of case management documentation
- 1 lesson plan for family psychoeducation

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

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