

HUSC 106

Empowering Underserved Youth and Families

3 Credits

Community College of Baltimore County
Common Course Outline

Description

HUSC 106 – Empowering Underserved Youth and Families: is a course that introduces students to the principles and skills necessary to work with vulnerable children and youth due to a variety of factors; focuses on proficiencies needed to work with individuals in foster care or at risk for out-of-home placement.

Overall Course Objectives

Upon completion of this course, students will be able to:

1. recall the major historical developments within child welfare;
2. apply principles of cultural competence with youth;
3. summarize the continuum of care in out-of-home placement;
4. describe the Adverse Childhood Experiences (ACE) study;
5. communicate appropriately with children and adolescents;
6. recognize typical milestones of child and adolescent development;
7. predict the basic connections between parental attachment and child development;
8. describe child and adolescent maltreatment and interventions;
9. recall the signs and symptoms of the common developmental, mood, anxiety, and behavioral disorders in youth;
10. identify suicidal symptoms in a child or adolescent, and describe an intervention plan;
11. outline the common signs of adolescent substance use;
12. recognize drugs' effects on the developing adolescent brain;
13. label different learning styles, abilities, and disabilities;
14. discuss aspects of the educational partnerships with schools;
15. recall the different aspects of trust building, boundary setting, and group dynamics;
16. practice writing objectively in field-specific documentation;
17. explore community resources for this population; and
18. describe a trauma-informed safety plan and its components.

Major Topics

- I. Orphan Trains
- II. Cultural Competence Continuum
- III. Continuum of Care
- IV. Verbal and Nonverbal Communication Skills
- V. Child and Adolescent Developmental Milestones
- VI. Adverse Childhood Experiences Study (ACE)
- VII. Parent/Child Attachment
- VIII. Physical, Sexual, and Psychological Abuse

The Common Course Outline (CCO) determines the essential nature of each course.

For more information, see your professor's syllabus.

- IX. Neglect and Abandonment
- X. Child Abuse Reporting
- XI. Common Child and Adolescent Mental Health Disorders
- XII. Suicide Awareness and Interventions
- XIII. Teen Experimentation and Drug Use
- XIV. Learning Styles and Abilities
- XV. Americans with Disabilities Act, Individuals with Disabilities Education Act, Individualized Education Plans, and 504 Plans
- XVI. Trust-Based Relationships
- XVII. Group Dynamics
- XVIII. Trauma Informed Safety Planning
- XIX. Objective Report Writing
- XX. Community Resources
- XXI. Multicultural Awareness

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Two examinations
- Three written assignments demonstrating objective writing skills
- One reflection paper

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

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