

# **HLTH 221**

## **Human Sexuality**

3 Credits

Community College of Baltimore County  
Common Course Outline

### **Description**

**HLTH 221 – Human Sexuality:** is a course for students interested in exploring the nature of sexuality, love, and relationships through the focus of biological, psychological, social, emotional, spiritual, cultural, economic, legal, and historical viewpoints. Topics such as gender formation, reproductive technology, sexually transmitted infections (STIs), sexual expression, and interpersonal relationship dynamics are presented. Empirical and theoretical research related to personality, developmental, social, clinical, evolutionary, learning, and cognitive perspectives is examined. Reflections on the influences that impact sexuality are explored.

**Co-requisites:** ACLT 053 or (ESOL 052 and ESOL 054)

### **Overall Course Objectives**

Upon completion of this course, students will be able to:

1. identify the influence of various factors on human sexuality;
2. explore the history of research into human sexuality;
3. describe the structure and function of sexual anatomy;
4. explain the biological basis for gender identity and sexual orientation;
5. analyze relationship development, including communication and factors that influence relationships;
6. examine how sexuality develops across the lifespan;
7. compare American sexual attitudes and practices with other cultures;
8. analyze current events related to sexuality;
9. appraise the ethical and legal implications of the sex industry;
10. investigate different forms of sexual coercion;
11. examine the portrayal of human relationships in mass media; and
12. identify sexual dysfunctions, infections, and treatment option.

### **Major Topics**

- I. Perspectives on sexuality
- II. History of sexual research methods
- III. Sexual orientations
- IV. Love and communication in intimate relationships
- V. Reproductive anatomy and function
  - a. Physical factors
  - b. Psychosocial factors
- VI. Sexual behaviors
- VII. Contraception and conception

The Common Course Outline (CCO) determines the essential nature of each course.

For more information, see your professor's syllabus.

- VIII. Ethics in the sex industry
  - a. Pornography
  - b. Prostitution
- IX. Sexuality through the lifespan
  - a. The senses and sexual arousal
  - b. Aphrodisiacs and anaphrodisiacs
  - c. Differences between sexes and sexual response
  - d. Hormones and sexual response
- X. Sexually transmitted infections (STIs)
- XI. Atypical sexual behaviors
- XII. Forms of sexual coercion
- XIII. Sexual difficulties and solutions

### **Course Requirements**

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Two written and/or oral examinations
- Three written assignments
- Three cooperative and/or classroom activities

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

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