

Common Course Outline
DANC 223
Intermediate/Advanced Modern Dance II
2 Credits

The Community College of Baltimore County

Description

DANC 223 – 2 credits – Intermediate/Advanced Modern Dance II provides continued training in modern dance technique at an intermediate/advanced level with emphasis on refining performance quality, depth of physicality, expression, and individual style. This course may be repeated up to a maximum of 4 credit hours.

2 Credits: 3 hours of studio practice a week

Pre-requisites: DANC 222 or consent of the Dance Coordinator

Overall Course Objectives

Upon completion of this course students will be able to:

1. perform a high and consistent level of fluency in modern dance technique and performance skills at the intermediate/advanced level;
2. demonstrate a high and consistent use of strength and range of mobility in modern dance movement at the intermediate/advanced level;
3. accurately analyze all training, practice, and performance from an anatomically correct standpoint;
4. perform all combinations and phrase work with an integration of core strength at the intermediate/advanced level;
5. demonstrate fluency in the use of improvisation skills at the intermediate/advanced level;
6. perform with refined fluency, expressivity and qualitative range of movement in intermediate/advanced modern dance movement;
7. perform with increased sophistication in the use of musicality, dynamics, and movement articulation in time and space;
8. perform with a high degree of accuracy the various tempos, rhythms, dynamics of musical accompaniment, and individual breath phrasing at an intermediate/advanced level;
9. demonstrate a refined level of self-awareness, awareness of others, and spatial awareness when performing and engaging in group activities;
10. utilize an integrated kinesthetic perception, focus and concentration in order to self-evaluate and self correct;
11. assess their growth in agility, balance, strength, endurance, flexibility, coordination, and movement efficiency;
12. utilize effective oral, written and critical thinking skills as they apply to modern dance technique;

13. analyze and evaluate the choreographic styles and performance elements from a live concert and articulate appropriate criteria for making aesthetic statements about dance;
14. analyze and evaluate the styles of modern dance from its historical roots through contemporary choreographers;
15. examine modern dance as a vehicle for expressing cultural, historical, political or social issues; and
16. apply dance as a means to a healthy lifestyle.

Major Topics

- I. Technique at the intermediate/advanced level
 - A. Use of Time, Space and Energy
 - B. Terminology
 - C. Musicality and dynamics
 - D. Floor work
 - E. Center and across the floor combinations
 - F. Performance skills
- II. History and Aesthetics
 - A. Historical influences
 - B. Aesthetics of modern dance
 - C. Aesthetics as a process and product of culture
- III. Dance and Wellness
 - A. Injury prevention
 - B. P.R.I.C.E treatment of injuries (prevent, rest, ice, compress, elevate)
 - C. Nutrition and hydration

Course Requirements

Grading procedures will be determined by the individual faculty member but will include the following:

Grading/exams

- Attendance and active participation in class activities and discussion
- A minimum of two practical exams (midterm and final)
- Attendance at the CCBC Dance Concert
- Attendance at a live professional modern dance concert and written response
- A written or oral self-evaluation
- A minimum of one written exam

Written Assignments: Students are required to utilize appropriate academic resources.