

# Common Course Outline

DANC 137

Improvisation

3 Credits

## The Community College of Baltimore County

### Description

**DANC 137 – 3 credits – Improvisation** explores dance elements and design through creative problem solving and guided experiences.

**3 Credits**

### Overall Course Objectives

Upon completion of this course students will be able to:

1. actively engage in individual, partner and group movement improvisation;
2. utilize the possibilities the body has for making movement statements;
3. express concepts, emotions and objects through movement;
4. respond expressively to a variety of stimuli such as: music/sound, imagery, environment, relationship, space and effort;
5. describe and analyze the elements of time, space and energy as they apply to improvisation;
6. identify and utilize Laban Effort/Shape theory;
7. express elements of non-verbal communication;
8. describe and apply kinesthetic, emotional, intuitive and intellectual responses to movement experiences;
9. practice self-awareness and sensitivity to others when engaging in partner and group activities;
10. utilize improvisation as a choreographic device;
11. create a structured improvisation score;
12. articulate his/her creative process in oral and written communication; and
13. demonstrate effective oral, written and critical thinking skills.

### Major Topics

- I. Elements of Creativity
  - A. Use of time, space and energy
  - B. Exploration of improvisational concepts
  - C. Experiment with creating movement statements
  - D. Laban/Effort Shape theory and how it applies to movement
  - E. Beginnings, middles and endings of improvisational structures
  - F. Free vs. structured improvisation
- II. History of Improvisation
  - A. Pioneers of dance improvisation

- B. Contemporary figures in dance improvisation
- C. Trends in improvisation

### **Course Requirements**

Grading procedures will be determined by the individual faculty member but will include the following:

### **Grading/exams**

- Attendance and active participation in individual/ group activities and discussion
- Weekly journal descriptions and responses to class and outside activities throughout the semester
- Minimum of four supplemental reading and response assignments
- Minimum of one written assignment
- Create a minimum of three improvisational structures/studies
- Attendance at the CCBC Dance Concert with a written or oral response

Written Assignments: Students are required to utilize appropriate academic resources.

### **Other Course Information**

This course is a requirement of the AA and AFA degrees in dance.

Date Revised: 02/09/2014