

Common Course Outline

SDEV 101

Achieving Academic Success

3 credits

The Community College of Baltimore County

Description

Achieving Academic Success

Focuses on those student behaviors and attitudes that are most consistently identified with achieving success in college; discusses the significance of a college education; the specific operations of The Community College of Baltimore County; and strategies for managing time, improving listening skills and gaining a more positive view of self.

Overall Course Objectives

Upon completion of this course, the student will be able to:

- Discuss how you are responsible for your experience in college
- Describe ways you can create a successful and satisfying experience in college
- Discuss college policies and procedures and be able to locate and utilize information in the college catalog to develop a personal academic plan
- List and describe specific methods to:
 - Improve your ability to recall information
 - Manage time more efficiently
 - Read a textbook with improved understanding and retention
 - Prepare for and take tests
 - Take effective notes
 - Listen, with comprehension, to a lecture
- Describe and utilize a model of communication that facilitates listening
 - To, speaking with, and conflict resolution among peers, family members and instructors
- Discuss several procedures for focusing attention on the task at hand when reading, listening and taking notes and tests
- Assess your general health habits including diet, exercise, substance use and methods to more effectively cope with and/or prevent excessive stress
- Locate resources (including the library, career center, and office of financial aid) both on and off campus to assist you in meeting your needs as a student at The Community College of Baltimore County
- Discover your individual learning style so you can draw on your particular strengths and adapt to and develop skills using other styles
- Develop decision-making skills for effective goal setting
- Learn tools for creating new ideas, problem solving, and thinking
- Strengthen skills to study, work, and live in a multicultural, diverse, and changing World

Major Topics

Self Assessment – Study Skills, Learning Styles, Discover/Intention Approach
Time
Memory
Reading
Note-taking
Tests-Test-taking Skills, Test Anxiety
Diversity
Thinking – Creative and Critical Thinking, Problem Solving
Relationships – Listening, Sending, Communication, Conflict Management
Culture of Higher Education at CCBC
Attitudes that Promote College Success – Power Processes, Master Students
Life Skills – Stress Management, Self-Responsibility, Self Awareness, Personal
Empowerment, Risk Taking/Involvement, Concentration

Course Requirements

Grading/exams: The college community is concerned that high standards of academic performance be met. Grading procedures will be determined by the individual faculty member but will include the following:

Participation (may include attendance)	up to 25%
Exercises, projects and quizzes	up to 50%
Mid-term exam	up to 25%
Final exam	10 to 33%
Writing: The individual faculty member will determine specific writing assignments.	

Other Course Information