

SPMT 201

Sociology of Sport and Exercise

3 Credits

Community College of Baltimore County Common Course Outline

Description

SPMT 201 – Sociology of Sport and Exercise: presents a comprehensive analysis of sport structures with a close view of competitors and the consequences of such competition. Emphasis is placed on the sociological phenomena that contribute to sport in the United States, as well as the impact of social issues on participation in sport. A global perspective is also explored, using the Olympic movement and international competition as a frame of reference.

Pre-requisites: KNLS 120

Overall Course Objectives

Upon completion of this course, students will be able to:

1. discuss the nature of sport;
2. describe the historical contexts which created and shaped the growth of sport;
3. explain the political and economic forces that shape sporting experience;
4. identify the social and cultural dimensions of sport;
5. discuss the relationship between sport and related social institutions (e.g. economy, religion, science, etc.);
6. interpret the social impact of gender, race, religion, politics, ethnicity, drugs, and violence in sport;
7. explore alternative viewpoints of differing regions of the United States;
8. discuss the effect of youth programs on the youth of America;
9. describe the Olympic Movement and its effect on international competition and sport; and
10. explore future trends in sport.

Major Topics

- I. Effect of sport on society
- II. Sport as a cultural institution
- III. Social issues in sport
 - a. Gender
 - b. Race
 - c. Religion
 - d. Politics
 - e. Ethnicity
 - f. Drugs

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

- g. Violence
- IV. Youth programs in America
- V. Regional perspective on sport culture
- VI. Globalization of sport culture
- VII. Media in sport
- VIII. Economic impact on society
- IX. Future trends in sport

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- Two quizzes
- Two research papers
- One oral presentation
- Two exams (midterm and final)
- In class participation

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Other Course Information

This course is an elective in the Sports Management degree program.

Date Revised: 11/19/2019