

OCTA 236

Clinical Techniques II

3 Credits: 2 hours lecture and 2 hours lab

Community College of Baltimore County Common Course Outline

Description

OCTA 236 – Clinical Techniques II: Provides students with a developmental view of the aging process. Students participate in discussions of the physical, psychosocial, socio-economic and cultural issues; the effects of normal aging and pathology on function and independence; and prevention, restoration, and maintenance programs. Concepts are reinforced through lectures, discussion, readings, assignments and practicum. This course contains 2 hours of lecture, 2 hours of laboratory, and a 24 hours Level I fieldwork.

Pre-requisites: OCTA 201 and OCTA 220 with a grade of “C” or higher

Overall Course Objectives

Upon completion of this course, students will be able to:

1. describe the need for balance in performance areas and the role of occupations to support healthy aging;
2. differentiate occupational therapy’s role in the medical model, non-traditional/community-based model, case management and emerging practice areas;
3. describe how American Occupational Therapy Association (AOTA), Maryland Occupational Therapy Association (MOTA) and National Board Certification Occupational Therapy (NBCOT) can support one’s professional development in occupational therapy;
4. describe the role of the occupational therapy assistant in case management and coordination of services;
5. identify trends in public policy as it relates to documentation, coding, and reimbursement;
6. describe the historical events and sociopolitical climate that impact occupational therapy services for the elderly;
7. differentiate documentation requirements for Medicare, Medicaid, and third-party payer sources;
8. explain the legislative process and its importance to the profession;
9. describe the role of the occupational therapy assistant in the screening and evaluation process;
10. practice a client centered occupational profile interview and write up;
11. complete a mobility assessment;
12. compare various standardized and non-standardized screening and assessment tools;
13. complete a fall prevention assessment;
14. apply safety and wellness concepts in therapeutic intervention;

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor’s syllabus.

15. differentiate interprofessional and collaborative skills with intraprofessional skills;
16. use skills needed for managing disruptive behaviors or substance seeking behaviors in clients;
17. demonstrate when to refer to specialists and/or begin the discharge process;
18. identify community mobility choices for the elderly, to include public transportation, mobility services, senior cab service, CarFit screenings, and senior driver rehabilitation training options;
19. practice principles of teaching-learning process and health literacy methods to train/educate the client, family members, caregivers, other healthcare providers, third party payers and the public about what occupational therapy, injury prevention, wellness, and safety;
20. list technologies available to the elderly with low vision, hearing deficit, incontinence, fine motor deficits and mobility that will increase their independence in occupation;
21. debate the laws and ethical issues that impact the elderly population; and
22. describe how culture may influence end of life decisions for diverse elderly and their families.

Major Topics

- I. Aging
 - a. Aging population and demographics
 - b. Occupational Therapy services in a medical based practice
 - c. Occupational Therapy services in a community-based practice
 - d. Community mobility
 - e. Positioning concepts
 - f. Substance abuse in the elderly
 - g. Dealing with a diverse elderly population
- II. Aging Theories and Process
 - a. Biological Theories of Aging
 - b. Psychosocial Theories of Aging
 - c. Normal changes and Functional Impact on Aging
 - d. Low Vision and Hearing Deficits
 - e. Alzheimer's Disease
- III. Assessments for the Elderly
 - a. Structured Interview/Occupational Profile
 - b. Mobility Assessments
 - c. Fall Prevention Assessments
 - d. Home Assessments
 - e. Cognitive Assessments
- IV. Health Care Policies
 - a. Medical/Medicaid regulations
 - b. Restraint Reduction Rules/Regulations
 - c. Telehealth
 - d. Third party reimbursement
 - e. Home care and therapy
- V. Death and Dying

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.

Course Requirements

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- 2 exams
- Final exam
- Mini Senior Citizen Project to include structured interview, Tinetti, Home Assessment, and Community Mobility screening
- Adaptive clothing project
- Level I Fieldwork project
- Lab participation and professionalism

Other Course Information

All courses in the Occupational Therapy Assistant program must be passed with an overall grade of a 75% or higher. Below 75% is considered failing in this program.

A course grade is composed of an average of grades received on tests, quizzes, papers, or projects.

Examination grades (tests, quizzes) must average 75% before grades for papers, projects or presentations are factored into the overall course grade.

Date Revised: 4/6/2021

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor's syllabus.