

Common Course Outline
OCTA 201
Fundamental of Occupational Therapy
2 Credits

Community College of Baltimore County

Description

OCTA 201-Fundamentals of Occupational Therapy introduces the history, philosophy, and major theories of occupational therapy. Reviews areas of practice, ethics, and current trends of the health care system, emphasizing the impact on occupational therapy.

2 credits: 2 lecture hours per week; 8 hours Level I fieldwork

Prerequisites: Admission to the occupational therapy assistant program.

Overall Course Objectives

Upon completion of this course the student will be able to:

1. define occupational therapy and the Practice Framework;
2. understand the value “occupation” has in the treatment of patients;
3. appreciate how disability and disease impacts a person’s ability to engage in occupations and roles;
4. identify the philosophy and history of occupational therapy;
5. define major frames of reference used in the practice of occupational therapy;
6. describe the role of occupational therapy with various patient populations and in various settings;
7. list the various professional organizations in the field of occupational therapy and become familiar with navigating each of the web sites of these organizations
8. identify the various professional magazines and journals in the field of occupational therapy
9. define the importance of ethics in the field of health care
10. identify the seven principles of ethics which anchor the AOTA Code of Ethics for Occupational Therapists
11. write a progress note in SOAP format
12. describe the role of occupational therapy as observed on a Level I fieldwork
13. recognize the importance and begin to develop professional behaviors when interacting with patients

Major Topics

- I. Introduction to Occupational Therapy
 - A. Definition
 - B. History
 - C. Philosophy
 - D. Levels of practitioners
 - F. Professional organizations which support the field of occupational therapy
- II. Practice Framework
 - A. Areas of Occupation
 - B. Performance Skills
 - C. Performance Patterns
 - D. Context
 - E. Activity Demands
 - F. Client Factors
- III. Role delineation between the OTR and COTA
 - A. History of COTAs
- IV. Frames of Reference
 - A. Allen's Cognitive Disabilities
 - B. Model of Human Occupation
 - C. Biomechanical frames of reference
 - D. Motor Control frames of reference
 - E. Sensory Integration
- V. Documentation
 - A. Medical record as a legal document
 - B. What is allowed
 - C. Use of the SOAP format
- VI. Ethics
 - A. What is ethics
 - B. The AOTA Code of Ethic for Occupational Therapists
 - C. Seven principles of ethics
 - D. Importance to the health care community

Course Requirements

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

- I. Tests (2)

- II. Comprehensive final examination
- III. Level I Fieldwork observation notes written in SOAP format (2)
- IV. Article from one of the professional journals or magazines identified
- V. Successful completion of the Level I fieldwork submitted from the clinical preceptor

A Level I fieldwork form has been developed for use. It is completed by the clinical supervisor at the Level I fieldwork site.

A rubric has been developed for the SOAP notes and journal article.

Writing: The individual faculty member will determine specific writing assignments.

Other Course Information

This is a required course in the Occupational Therapy Assistant program; it is considered an entry level course taken during the first semester of the OTA program.

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