

Common Course Outline
MASS 272
Massage Therapy Internship Project
2 Credits

Community College of Baltimore County

Description

MASS 272 – Massage Therapy Internship Project allows students to customize their learning experiences to prepare for transition into the massage therapy profession. Students are able to select from a variety of options such as internship hours in a franchise and/or spa setting, sports massage application in the athletic environment, medical based massage in either an outpatient or hospital setting, and the on-campus student clinic. The goal of the course is to help students gain valuable insight in determining a pathway to employment in the field of massage therapy as they prepare to graduate.

2 Credits: *90 contact hours of combined practicum, clinical experience, and/or internship.*

Prerequisites: MASS 230, and MASS 232 with a grade of “C” or better, or permission of the Program Director

Co-requisite: MASS 240

Overall Course Objectives

Upon completion of this course, students will be able to:

1. distinguish functional aspects of massage therapy practice in a variety of settings;
2. create a list of potential massage therapy employers in the surrounding area;
3. determine what practice setting is suited to their individual preferences and how to obtain the advanced training requirements needed for successful practice in those settings;
4. assess clients and set therapeutic goals for a bodywork session in a professional practice setting;
5. create and provide a bodywork session integrating massage techniques and assessment skills learned in the program;
6. determine outcomes of a client session as applicable to a professional practice setting;
7. evaluate their own use of body mechanics, draping, and therapeutic communication while providing massage in a variety of practice settings;
8. exercise elements of therapist self-care and time and task management skills;
9. compose appropriate session documentation for each client session using several methods depending on the requirements of the practice setting; and
10. analyze operational and practical differences between professional practice settings.

Major Topics

- I. Spa Environment
- II. Franchise Clinic Environment
- III. Medically-Based Practice and Interdisciplinary Work
- IV. Case Report Research Study
- V. Sports Massage with Athletes
- VI. General Massage Therapy Clinic Practice

Course Requirements

Grading procedures will be determined by the Program Director, Clinical Coordinator, and/or individual faculty member but will include the following:

Grading/exams

- 100% attendance of all scheduled site experiences
- Documented attendance and noted completion of assignments at all internship and supervised clinical sites
- Graded evaluation by either the internship site preceptor and/or faculty supervisor for all on and offsite work including the on-campus student clinic
- Journaling of all internship site work
- Final written paper and end-of-semester project/presentation of internship experiences

Written Assignments: Students are required to use appropriate academic resources. Students are required to write journal entries documenting their experiences. In addition, a multi-page report on their experiences during the semester is required, which is graded for quality and content.

Other Course Information

This course is a required course in the Massage Therapy Program. This course must be taken in the student's final semester prior to graduation and concurrently with MASS 240. A grade of "C" or better is required and all course components must be completed in order to satisfactorily complete this course. This course may not be offered in all semesters; see registration schedule.