

Common Course Outline

MASS 232

Level 2 Student Clinic

1 Credit

Community College of Baltimore County

Description

MASS 232 – Level 2 Student Clinic provides further opportunity for students to apply theory and laboratory practice in a professional setting through working as a student practitioner in the on-campus massage therapy clinic. Additional assessment tools and applications such as hydrotherapy are required with client work. Detailed session documentation is expected for this level of practicum and application. This course is the second of three clinical based courses in the Program.

1 Credit: *45 hours of clinical practicum*

Prerequisites: MASS 231 with a grade of “C” or better or permission of the Program Director. May be taken concurrently with MASS 220, 222, and 233.

Overall Course Objectives

Upon completion of this course, students will be able to:

1. assess clients using professional standards and resources in order to effectively and safely apply massage therapy techniques in a clinic setting;
2. evaluate client movement, muscle and joint function, and posture using a variety of assessment tools in a clinic setting;
3. develop a treatment plan and set therapeutic goals for a client in a clinic setting;
4. create a therapeutic massage session for a client in a clinic setting while using appropriate massage techniques, skills, assessments, proper draping, and professional communication in a clinic setting;
5. apply integrated massage skills and techniques, including the use of hydrotherapy and non-legend topical applications, during a massage session in a clinic setting;
6. evaluate therapeutic outcomes and track client progress in a clinic setting;
7. recognize their own use of proper body mechanics while providing therapeutic massage in a clinic setting and exercise elements of therapist self-care;
8. demonstrate ability to complete three (3) 50-minute bodywork sessions with the use of assessment tools during each scheduled clinic shift;
9. create appropriate detailed session documentation for each client session in a clinic setting;

10. demonstrate knowledge of Health Insurance Portability and Accountability Act (HIPAA) compliance and documentation standards with client interaction in a clinic setting; and
11. explore the use of electronic documentation for client charting.

Major Topics

- I. Client Session Development
 - A. Health History, Pathologies, and Medications/Interactions
 - B. Cautions and Contraindications
 - C. Using Assessment Tools
 - i. Postural Assessment
 - ii. Range of Motion (ROM)
 - iii. Surveys/Scales/Indices
 - D. Goal Setting – Short Term and Long Term
 - E. Intersession Communication
 - F. Re-Evaluation of Goals
 - G. Recommendations for Client
- II. Individualizing Client Sessions
- III. Assessment Results and Client Needs
- IV. Session Organization for Targeted Work
- V. Use of Therapeutic Tools and Modalities
 - A. Hydrotherapy
 - B. Non-Legend Topicals
 - C. Hot and Cold Stone Massage
- VI. Documentation
 - A. SOAP (Subjective, Objective, Assessment/Action, Plan) Note Charting
 - B. Therapeutic Model Approach with Assessment Tracking and Notation
 - C. Referrals to Health Care Providers and Interdisciplinary Collaboration
 - D. Use of Electronic Documentation Methods

Course Requirements

Grading procedures will be determined by the clinical coordinator and/or faculty member but will include the following:

Grading/exams

- 100% completion and attendance is required
- Individual student performance for each scheduled clinic shift based on professionalism, skills and technique, documentation, and treatment planning. A student must meet or exceed 70% of all required performance elements for each scheduled clinic shift
- Journaling with notation on using assessment tools and/or other additional techniques
- Documentation and charting completed by each individual student graded based on quality, completion, and accuracy

- Final summary assessment project

Written Assignments: Students are required to use appropriate academic resources. Students are required to keep a reflective journal documenting their clinic experiences throughout the course of the semester.

Other Course Information

This course is a required course in the Massage Therapy Program. This course is the second course in a required three-course clinical sequence. A grade of “C” or better is required for all Massage Therapy courses in order to progress within the program. Students must pass all components in order to satisfactorily complete this course. This course may not be offered in all semesters; see registration schedule.

Date Revised: 09/04/2018