

Common Course Outline
HUSC 104
Developing Cultural Proficiency in a Diverse World
3 Credits

Community College of Baltimore County

Description

HUSC 104 – Developing Cultural Proficiency in a Diverse World is a course in which students increase awareness of their own and others' life experiences and the impact that those experiences have in interpersonal interactions. The emphasis is on strategies for cultural competence. This course is appropriate for students in a variety of majors, and has a particular focus in the human services, counseling, psychology, and health fields.

3 Credits

Prerequisites: ACLT 052 or ACLT 053 or (ESOL 052 and ESOL 054)

Overall Course Objectives

Upon completion of this course students will be able to:

1. define cultural competence;
2. explore the broad fields of social and behavioral sciences, focusing on the ways in which diversity and equity impact a variety of settings;
3. describe resistance to multicultural training;
4. distinguish historical models of multiculturalism from a contemporary lens of equity;
5. describe intersectionality and its relationship to identity development;
6. explain the role of group identity as it relates to emic and etic lenses;
7. describe a social justice orientation;
8. identify systemic systems of inequity and describe their impact on individual worldviews;
9. identify microaggressions and explain their impact on the interpersonal experience;
10. analyze different methods that individuals, programs, and systems can apply ethical standards to guide clients in overcoming barriers to equity;
11. demonstrate appropriate strategies of cross-cultural communication;
12. apply evidence-based interventions to address equity in case studies;
13. accurately label client experiences by applying contemporary and culturally-responsive racial and sexual identity development models;
14. describe culturally-responsive engagement strategies for a given population;
15. use appropriate technology to find and evaluate data appropriate to the student's field of study;
16. reflect upon values, and personal and professional ethics; and
17. find, evaluate, use, and cite appropriate academic resources in a research assignment in APA style, including the APA conventions for the use of culturally-appropriate language.

Major Topics

- I. Cultural competence and resistance to multicultural training
- II. Multiculturalism vs. equity
- III. Intersectionality and intersecting identities
- IV. Group identities
- V. Social justice and ethical implications in helping relationships and practices
- VI. Systemic inequities and relevant laws to protect marginalized populations
- VII. Microaggressions
- VIII. Barriers to equity
- IX. Cross-cultural communication
- X. Evidence-based practices to address equity
- XI. Racial identity development models
- XII. Sexual identity development models
- XIII. Culturally-competent assessment
- XIV. Engagement and service strategies for specific populations

Course Requirements

Grading procedures will be determined by the individual faculty member but will include the following:

Grading/exams

- A minimum of one assessment and service plan
- A minimum of one cultural autobiography, minimum 3 pages
- A minimum of one cultural immersion project and reflection paper, minimum 4 pages
- A minimum of one activism project or service learning project, minimum 3 pages

Written Assignments: Students are required to use appropriate academic resources.

Other Course Information

This course is a required course in the Human Services Counseling degree program, and may also be taken by students in other programs or majors. This course is an approved General Education Course in Social and Behavioral Science. This course is also an approved General Education Diversity course.